Make your health a priority this fall. Get your seasonal flu shot.

Flu season is here, and it’s more important than ever for you to take care of your health. By getting a single flu shot you can protect yourself against the seasonal flu, H1N1 and other forms of the flu virus. So take a positive step to help reduce your chances of catching this season’s flu, and get a flu shot.

**Flu shots are available for UnitedHealthcare members**

There are several ways you can obtain this year’s vaccine:

- Visit your physician or call the member number on your health plan ID card to find a provider near you.
- Visit a network Convenience Care Clinic or one of the select retail pharmacies.
- Participate in your employer sponsored flu shot clinic, if offered.

**Individual flu shot providers**

Members may go to any Convenience Care Walk-in clinic or select retail pharmacy with their health plan ID card to obtain a flu shot on a walk-in basis.

**Convenience Care Clinics**

Convenience Care Clinics are typically located in retail stores. They provide a limited range of simple care services, including flu shots, subject to primary care physician office visit copayments. No appointments are necessary. All services/treatments are offered only to patients 18 months of age or older and may vary with each center.

- [The Little Clinic](http://www.thelittleclinic.com)
- [MinuteClinic®, CVS® Pharmacy](http://www.minuteclinic.com/services/vaccination/)
- [RediClinic®](http://www.rediclinic.com/services/vaccinations.php)
- Take Care Clinic℠, Walgreens Pharmacy
  - [www.takecarehealth.com/what-we-treat.aspx](http://www.takecarehealth.com/what-we-treat.aspx)
- Target® Clinic
  - [www.target.com/flu](http://www.target.com/flu)
  To locate a network provider, visit [myuhc.com](http://myuhc.com) or call the member phone number listed on your health plan ID card.

**Retail pharmacies**

Pharmacists associated with retail pharmacies can administer flu shots. No appointments are necessary.

- [CVS® Pharmacy](http://www.cvs.com/flu)
- [Rite-Aid® Pharmacy](http://www.riteaid.com/pharmacy/immunization/)
- Target® Pharmacy
  - [www.target.com/flu](http://www.target.com/flu)
- Walgreens® Pharmacy
  - [www.walgreens.com/flu](http://www.walgreens.com/flu)

Please note that there may be some instances where a particular location offered by one of the above centers is not participating in the national UnitedHealthcare network.