

## Benefits At-A-Glance

### Long-Term Disability Insurance

#### The Lincoln Long-term Disability Insurance Plan:

- Provides a cash benefit after you are out of work for 180 days or more due to injury, illness, or surgery
- Starts with a “core plan” that is paid for by the George Washington University
- Offers a simple “buy-up” option that lets you enhance your benefit at affordable group rates
- Features group rates for eligible the George Washington University employees
- Includes *EmployeeConnect*<sup>SM</sup> services, which give you and your family confidential access to counselors as well as personal, legal, and financial assistance

#### Eligibility:

- Active Full-Time Staff
- Active Full-Time Faculty
- Active Medical residents

\*Please note that one year of continuous, active employment may be required for enrollment in the plan.

#### Core Plan (paid by The George Washington University)

Monthly benefit amount	60% of your monthly benefits-eligible salary, limited to \$10,000 per month
Elimination period	After the end of your short-term disability or a period of 180 days of disability, whichever is greater

#### “Buy-Up” Option (paid by you through payroll deduction)

Monthly benefit amount	66.67% of your monthly benefits-eligible salary, limited to \$12,000 per month
Elimination period	After the end of your short-term disability or a period of 180 days of disability, whichever is greater

#### Elimination Period

- This is the number of days you must be disabled before you can collect disability benefits.

#### Maximum Coverage Period

- This is the total amount of time you can collect disability benefits (also known as the benefit duration).
- Benefits are limited to 36 months for mental illness; 36 months for substance abuse

Age at Disability	Maximum Benefit Period
Less than age 60	Greater of Social Security Normal Retirement age or to age 65 (but not less than 5 years)
60	60 months
61	48 months
62	42 months
63	36 months
64	30 months
65	24 months
66	21 months
67	18 months
68	15 months
69 and over	12 months

## Additional Plan Information

### Evidence of Insurability

- When you are first offered this coverage (and during approved open enrollment periods), you may be able to take advantage of this important coverage with no evidence of insurability (proof of health).

### Pre-existing Condition

- If you have a medical condition that begins before your coverage takes effect, and you receive treatment for this condition within the 3 months leading up to your coverage start date, you may not be eligible for benefits for that condition until you have been covered by the plan for 12 months.

## Benefit Exclusions & Reductions

Like any insurance, this long-term disability insurance policy does have some exclusions. You will not receive benefits if:

- Your disability is the result of a self-inflicted injury or act of war
- Your disability is the result of cosmetic surgery, unless related to a disabling condition
- Your disability occurs while you are committing a felony or misdemeanor or participating in a riot

Your benefits may be reduced if you are eligible to receive benefits from:

- A state disability plan or similar compulsory benefit act or law
- A retirement plan
- Social Security
- Any form of employment
- Workers' Compensation
- Salary continuance
- Sick leave

For complete benefit descriptions, limitations, and exclusions, refer to the certificate of coverage.

This is not intended as a complete description of the insurance coverage offered. Controlling provisions are provided in the policy, and this summary does not modify those provisions or the insurance in any way. This is not a binding contract. A certificate of coverage will be made available to you that describes the benefits in greater detail. Refer to your certificate for your maximum benefit amounts. Should there be a difference between this summary and the contract, the contract will govern.

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## Long-Term Disability Insurance Calculate Your Premium

Use the employee buy-up long-term disability premium rate table provided below to calculate your cost and benefit. The following example calculates the monthly cost for an employee with annual benefits-eligible earnings of \$35,400.

Note: The maximum monthly covered earnings are equal to the maximum monthly benefit divided by the benefit percentage.

Calculation Example		Example	You
Step 1	Enter the monthly rate per \$100 of monthly covered payroll.	\$0.407	
Step 2	Enter your monthly earnings. <i>Divide your annual earnings by 12.</i>	\$2,950	
Step 3	If your monthly earnings are greater than the <b>maximum monthly covered earnings</b> of \$18,000, indicate \$18,000. <i>Otherwise, indicate the amount from Step 2.</i>	\$2,950	
Step 4	Multiply Step 1 by Step 3	\$12.01	
Step 5	Enter the Core monthly rate per \$100 of monthly covered payroll	\$0.341	
Step 6	Enter your monthly earnings. Divide your annual earnings by 12.	\$2,950	
Step 7	If your monthly earnings are greater than the <b>Core maximum monthly covered earnings</b> of \$16,667, indicate \$16,667. <i>Otherwise, indicate the amount from Step 6.</i>	\$2,950	
Step 8	Multiply Step 5 by Step 7	\$10.06	
Step 9	Your premium for the Buy-up is equal to Step 4 minus Step 8	\$1.95	

Core Premium Rate	Buy-Up Premium Rate
0.341	0.407

This worksheet allows you to approximate your monthly contributions for buy-up long-term disability insurance coverage. Cost of insurance may change in the future due to age and/or coverage amount elected.