



Helping you with  
important medical issues  
is our specialty

**Dealing with a serious health issue—or getting a diagnosis you don’t understand—can be a real challenge for you and your family.**

Our healthcare experts can support you every step of the way. You'll get the information you need to make important care decisions with confidence... and peace of mind knowing that your care and treatment are on target. All at no cost to you.

### Trusted help when you need it most

Call anytime to reach our experienced registered nurses, medical directors and other experts for help with a wide range of medical issues.



**Clarify diagnoses** and review treatment options



**Arrange expert second opinions** and transfer medical records



**Research the latest approaches** to healthcare



**Coordinate care and services** during and after a hospital stay



**Locate the right in-network providers** and make appointments



**Provide end-to-end support** through all phases of your care

Medical issues can be complicated. **With Health Advocate, you're not alone.**

Health Advocate is available at no cost to employees, spouses, dependents, parents and parents-in-law. Completely confidential.



Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)  
Web:



**HealthAdvocate**<sup>SM</sup>