

GW BENEFITS

UHC Maternity Support Program (for Postdoc Associates and Scholars)

If you are pregnant and covered under the GW Postdoc Medical plan, you are eligible (and encouraged) to participate in the **UnitedHealthcare (UHC) Maternity Support Program** at no cost.

Benefits

- 24-hour support available through myuhc.com/maternity (Note: You must log into your myuhc.com account to access).
- Online maternity courses – You will have access to a wide range of topics based on your needs. Topics include preconception, nutrition and exercise, warning signs, things to avoid, fetal development, preparing for childbirth, breastfeeding, infant care and more.
- Post-delivery support – After birth, outcome assessments are conducted for delivery, mother's well-being and postpartum depression.

Get Rewarded

You have the opportunity to earn financial incentives simply for participating in the Maternity Support Program. You will receive:

- \$100 if you enroll during the first trimester of your pregnancy, complete the Maternity Support Assessment and one of the seven online courses on myuhc.com/maternity.
- \$75 if you enroll during your second trimester, complete the Maternity Support Assessment and one of the seven online courses on myuhc.com.
- An additional \$150 for completing all seven online courses on myuhc.com/maternity and closing out the program with UHC (either via phone or online) within 4 months of delivery.

Note: Only the pregnant participant can receive financial incentives.

Incentive Processing

Incentives will be paid after timely enrollment in the program, timely completion of the required Maternity Support Assessment and courses and the Postdoc has provided GW Benefits with confirmation of their enrollment or course completion (e.g., screenshot of completed course page). The Postdoc medical plan is fully insured by UHC therefore UHC is unable to provide enrollment or course completion information to the Benefits office directly due to privacy rules.

- Postdoc associate incentives will be paid via GW payroll.
- Postdoc scholar incentives as well as any postdoc dependent incentives will be paid via GW's Accounts Payable department.

Enrollment

Get started by visiting myuhc.com/maternity and completing the Maternity Support Assessment. You can also access the program as part of your healthcare recommendations from UHC once you begin using prenatal care health benefits.

Advocates remain available by calling the number on the back of your UHC member ID card.

Reminder – After your baby is born, you have **60 calendar days** to [add your baby](#) to your benefits coverage.