We know that there is a lot of uncertainty in the world today. And just as we have for more than 100 years, TIAA is here to help you.

Making decisions about your money can feel complicated. TIAA's experienced financial consultants are here to help you plan for your future.

Advice and education tailored to your needs

No matter where you are in life, a session with a TIAA financial consultant—by phone or virtually—can help you create a plan for your goals. Both are highly secure and private.

- During this appointment, we will talk about your current financial situation and your goals.
- We can help answer questions about your savings, investment strategies and source of income in retirement, among other things.
- Our experience has been that individuals leave the appointment feeling more confident in their ability to improve their financial well-being and retirement readiness.

Meeting with a TIAA financial consultant is included as a benefit of your retirement plan at no additional cost. Take advantage and schedule a virtual counseling session today.

Check your accounts, transferring funds, choosing beneficiaries and more can be done online.

This material is for informational or educational purposes only and does not constitute fiduciary investment advice under ERISA, a securities recommendation under all securities laws, or an insurance product recommendation under state insurance laws or regulations. This material does not take into account any specific objectives or circumstances of any particular investor, or suggest any specific course of action. Investment decisions should be made based on the investor’s own objectives and circumstances.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

Advice is obtained using an advice methodology from Morningstar Investment Management, LLC.

TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, distributes securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Each is solely responsible for its own financial condition and contractual obligations.

©2021 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017