# **Benefits Highlights** 2022

Welcome to the George Washington University! As a GW employee, you are eligible for a myriad of benefits and perks offered by the university. Online resources such as the <u>2022 Benefits Guide</u> are available on the Benefits Enrollment and Changes section of the <u>Benefits website</u>. We are here to help! Reach us at (571) 553-8382 or benefits@gwu.edu.



<u>Medical</u> UnitedHealthcare (UHC) GW offers two medical plan options:

- GW Health Savings Plan (HSP) a lower premium, high deductible health plan, which means you pay less out-of-pocket each paycheck and more at the point of care before the plan pays for services that are not considered preventive.
- GW PPO higher premiums, with lower deductible and out-of-pocket maximum

Both plans include prescription drug coverage through CVS Caremark.



# Flexible Spending Accounts (FSAs)

PayFlex

With FSAs, you may set aside funds through pre-tax payroll deductions to cover qualified expenses. GW offers two FSAs:

- Health Care FSA (HCFSA) for eligible health care expenses that are not covered by insurance
- Dependent Day Care FSA (DCFSA) for eligible dependent daycare expenses, such as daycare (child/adult), summer day camp, before- and after-school care (not tuition)



# Tuition

Tuition Remission

GW offers a generous tuition remission benefit for benefits-eligible faculty & staff, and their dependent children/spouses, who take courses offered at and directly billed by GW.

#### Tuition Exchange

GW participates in a national tuition exchange program that administers tuition remission scholarships for dependents of eligible employees for baccalaureate degree programs at participating institutions.



# *Aetna* GW offers three dental plan options:

- Low PPO lower premium, with basic and preventive coverage
- High PPO higher premium; Low PPO offerings + coverage for Major Care (e.g., crowns, dentures)
- DMO lowest premium, with no deductible (requires PCD election)

All GW dental plans are standalone - you can enroll in dental coverage even if you don't have medical coverage through GW.



#### Health Savings Account (HSA) PayFlex

If you participate in the GW HSP medical plan option, you may be eligible\* to enroll in an HSA. With an HSA, you may set aside funds through pre-tax payroll deductions to cover qualified health care expenses. HSAs benefit from a GW matching contribution, and funds remaining in the account roll over from year to year.

\*See eligibility criteria at hr.gwu.edu/hsa



# **Disability**

Short-Term Disability (STD)

During your first two years as a benefits-eligible employee, you are eligible to participate in GW's voluntary STD plan. After two years, full-time faculty and staff are eligible for GW-paid STD.

#### Long-Term Disability (LTD)

Full-time faculty and staff receive basic LTD after one year of employment. You may also be able to purchase additional (optional) LTD coverage.



#### <u>Vision</u> UnitedHealthcare (UHC) GW offers two vision plan options:

- Basic lower premium; comprehensive eye exam, eye glasses (lens and frame), contact lenses
- Enhanced higher premium; Basic Plan offerings + replaces frames every 12 months (vs. 24 in Basic) and includes six boxes of contacts (vs. four in Basic)

All GW vision plans are standalone - you can enroll in vision coverage even if you don't have medical coverage through GW.



Fidelity Investments & TIAA

- You are immediately eligible to contribute to the GW 403(b) plan on a pre- and/or post-tax basis; additional pre-tax contributions can be made to the GW 457(b) plan. For 2022, the salary requirement for participating in the 457(b) plan is \$168,750.
- You are automatically enrolled in the GW 401(a) after two years of service\*; GW makes a base contribution of 4% of your eligible salary. If you participate in the 403(b), GW will also match 150% of the first 4% of your contributions.

\*May be satisfied in part/whole by service at another college or university.

## Life and AD&D

# Basic Life and Accidental Death and Dismemberment (AD&D) Insurance

GW offers basic life and AD&D insurance equal to your benefits salary (up to \$500,000) for all benefits-eligible faculty and staff at no cost.

# Optional Life, Dependent Life and AD&D through Liberty Mutual

You may purchase additional (optional) life and AD&D coverage for yourself and/or for your spouse/domestic partner or children.



#### **Paid Time Off** Annual Time - Staff

Years of Benefits-Eligible Service	Annual Days*
0 - 2	15
3 - 4	18
5 - 15	21
16+	24

\*Part-time accrual based on percentage of effort.

#### Sick Time

GW offers paid sick time for absences due to illness, medical treatment or care of a loved one. Benefits-eligible full-time staff employees accrue sick time at a rate of eight hours per month (part-time accrual is based on percentage of effort).

#### Paid Holidays

GW employees receive 14 paid holidays per year, inclusive of Winter Break (Dec.24 -Jan 1.)

#### Miscellaneous

GW offers employees paid time off for bereavement and jury duty. Full-time staff and residents may also receive staff paid parental leave\* after two years of benefits eligible service.

\*Part-time staff and full- or part-time faculty are not eligible for staff paid parental leave. Certain faculty may be eligible for paid childcare leave under the faculty code.

Note to residents and faculty: Please refer to the applicable manual/handbook for additional paid time off details.



#### **Pet Insurance, Identity Theft** & Other Discounts

GW employees enjoy a group discount on pet insurance through Nationwide. The plan offers best-in-show coverage for vet bills, with 90 percent reimbursement for accidents, illnesses and more. Visit petinsurance.com/gw for a quote.

GW employees also enjoy a group discount on identity theft protection from Allstate. Get alerts on your credit, accounts opened, and financial transactions. Visit myaip.com/gw for a quote.

Receive discounted rates on: car rentals, Castlight healthcare transparency tool, Group Home and Auto insurance (through Liberty Mutual), hotels and lodging, personal mobile device plans, Verizon Fios and more.



# Legal

Legal Resources GW offers a group legal program through Legal Resources, which provides access to a nationwide network of highly qualified legal firms comprising over 11,000 professional attorneys. Legal matters covered at 100% include traffic violations; will preparation, review and updates; real estate; civil actions as plaintiff or defendant in District Court; landlord and tenant issues; uncontested domestic adoptions and more.



### Well-Being

Headspace - the mindfulness app is available at no cost

Fitness Discounts - free group exercise classes, discounted gym memberships

Quit For Life - smoking cessation program

Healthy Pregnancy Program (UHC) provides 24/7 support from experienced nurses,, financial incentives and more

Capital Bikeshare - discounted \$25 annual membership



#### **Educational Seminars**

GW employees have access to an array of health and financial seminars hroughout the year.

The annual Open Enrollment fairs in October allow you to speak directly with GW's benefit plan providers as well as receive assistance with the enrollment process; as an added perk, flu shots are administered on-site at no cost to faculty and staff.







#### Support

Employee Assistance Program (EAP) provides 24/7 assistance, including five free counseling sessions for you and household family members.

Health Advocate - assists with resolving healthcare and insurance issues, comparing and clarifying plan offerings

Child and Elder Care - GW's Family Care program offers ten days per year of discounted back-up care for children, adults and elders. Use the Elder Care program to develop care plans for aging relatives and gain access to discounted tuition at area daycare providers.



#### Transportation

#### Metro

With the SmartBenefits program, you may set aside funds through pre-tax payroll deductions to cover work-related expenses on public transportation (Metrorail and Metrobus) as well as Metro parking.

#### Parking

You may set aside funds through pre-tax payroll deductions to cover off-campus and occasional on-campus parking expenses.



#### **Easy Access to Benefits Information**

GW employees may receive updates, reminders and benefits information through the following resources:

- Website hr.gwu.edu/benefits
- Twitter @gw\_benefits
- Blog (GWell) -
- blogs.gwu.edu/gwbenefits

#### **Helpful Resources**

- 2022 Staff and Faculty Benefits Guide
- 2022 EasyEnroll Instructions

For additional assistance regarding the university's health and welfare benefits, you may contact GW Benefits at (571) 552-8382 or benefits@gwu.edu.

