# EFFECTIVE PERFORMANCE DISCUSSIONS EMPLOYEE CHECKLIST

# BEFORE **PREPARE** Reflect on your performance in the past year Write a balanced self-assessment that summarizes accomplishments, strengths and areas for improvement Complete your self-assessment in Talent@GW and submit it by the due date to give your manager time to provide feedback on the manager review Make a list of key topics and questions you want to raise during your performance discussion Be prepared to share specific examples, ideas and thoughts **CONSIDER** Think about your career goals, important priorities for the coming year and the professional development opportunities that can help you achieve your goals Identify any feedback you want to share with your supervisor about how the two of you work together, and how they can support your work COMMUNICATE

Communicate with your supervisor before

the discussion if you have any questions,

concerns, or recommendations

# DURING

#### KNOW WHAT TO EXPECT

Keep your notes/list in front of you to ensure you cover the items important to you
Be open to learning and understanding the feedback you receive
Take notes to track key actions and ensure you understand expectations

#### **CLARIFY**

to make sure you understand	
Share your views and use specific	
examples to make your points, or if you	

Actively listen and ask questions throughout

- have concerns or disagree

  Be honest and communicate your blind spots, be willing to work through any difficult issues, and maintain a positive
- Share feedback and suggestions for how you and your supervisor can work better together

### **FOCUS ON THE FUTURE**

focus

- Make sure you discuss goals for the coming year and prioritize areas of focus to help you draft your goals
- Provide your supervisor information about your career goals and explore ideas that will help you progress

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC

# AFTER

#### **REVIEW**

understand what is expected of you
If you have any questions or concerns, follow up with your supervisor

Review your notes to make sure you

#### SEEK REGULAR FEEDBACK

your best interest to be proactive if you need to update or change a goal
Continue the conversation - if new challenges or obstacles are interfering with achieving your goals, share those challenges with your supervisor
Reflect regularly on your performance and

Discuss goal progress at your 1:1s - it's in

# progress. Seek input from others such as coworkers and customers Prepare for the midpoint check-in with your

Prepare for the midpoint check-in with your
manager to revisit goals, priorities and
progress.

#### STAY ON TRACK

Take control of your career by
regularly reviewing what is important
to you and sharing your needs with
your manager

Keep asking yourself if you are taking
actions that will improve your performance
and help you learn and develop