

WASHINGTON, DC

## GW Benefits Webinar for New Employees

Presented By GW Benefits Human Resource Management & Development





# Where to find your **Benefits Information**

# YOUR BENEFITS & PAY



### **GW Benefits Enrollment System**



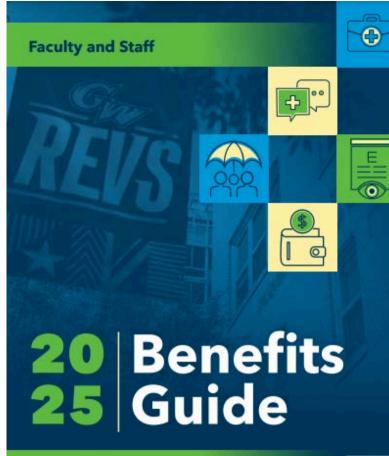
#### Monday Webinar for New Employees

Every Monday at 2 p.m. ET Access the webinar at benefits.gwu.edu/benefits-payroll-webinar

GW **Benefits** Website



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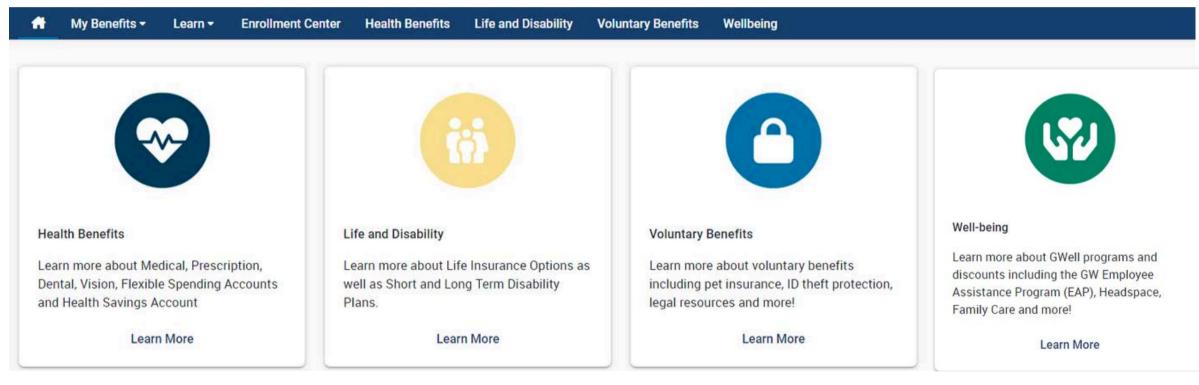
Maximize Your Health & Well-being

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### **GW** New Employee Page





Note: Once enrolled, you may only make changes to these benefit elections during the annual Open Enrollment period, or if you experience a Qualified Life Event.





#### go.gwu.edu/enroll4benefits

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You have 30 calendar days from your date of hire to enroll in benefits

Benefits-eligible employees can enroll in the following benefits:

 Medical Insurance •Prescription Insurance •Dental Insurance •Vision Insurance •Critical Illness/Hospital Indemnity •Pre-tax Savings Accounts •Life/AD&D insurance •Disability Insurance



# **Enrollment Deadlines**

#### **New Employee**

You have 30 calendar days from your date of hire to enroll in benefits.

Benefits are effective first of the month on or following your date of hire with GW unless hired on the first.\*

\*Note: In limited situations, a benefit deduction may be missed in your initial paycheck. Should this occur, missing deductions will arrear and a double deduction will be taken from a later pay date.

**Open Enrollment** The annual Open Enrollment period takes place each fall, and is an opportunity for you to change your benefit elections or enroll in new benefits without a OLE.

Most changes made during Open Enrollment are effective on January 1 of the following year.



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\*Tip: You may enroll in a retirement savings plan at any time during the year!

#### **Qualified Life Event (QLE)**

You have 30 calendar days to change your benefit elections due to a change in your life including:

•Marriage or divorce •Birth/adoption of a child •Gain or loss of coverage elsewhere •Dependent turning age 26



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# Health and Welfare Benefits





### Health Insurance is complicated. We keep it simple.

<b>GW PPO Medical Plan</b>	GW HSP Me
Freedom and Flexibility	Control over your
Primary Care Physician or referrals not required	Primary Care Physician o
Preventive care covered at 100%	Preventive care and pre covered a
Higher premium, lower out of pocket costs	Lower premium, highe
Co-pays for office/hospital visits Meet a \$750 (individual)/\$1,500 (family) deductible	\$2,000 (individual)/\$4,000 (fam pays for eligible servic
New! Fertility, Family Building, Pregnancy, and Postpartum Benefits through Progyny	New! Pregnancy and Postpartu

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Access to a variety of UHC behavioral health resources

#### edical Plan

r healthcare costs

or referrals not required

eventive prescriptions at 100%

er out of pocket costs

mily) deductible before the plan ices and prescriptions

tum program through Progyny







#### Compare plans here!

# **Prescription Benefits**

When you enroll in one of the medical plan options, you are automatically provided with prescription drug coverage through CVS Caremark. You have access to prescription medications through both retail pharmacies and mail-order program.

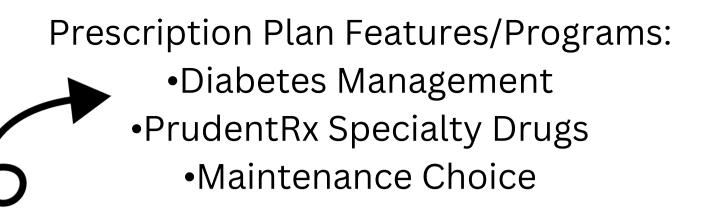
## **GW PPO**

Generic, brand formulary and brand non-formulary drugs will be paid by fixed percentage of the total cost each time you fill a prescription, with caps in place to limit the amount you will spend on a prescription (referred to as a maximum).

## **GW HSP**

- •You will pay all out-of-pocket costs for nonpreventive prescription drug services up to the annual deductible
- •<u>Preventive medications (PDF</u>) are covered at 100% (deductible and coinsurance do not apply).









# Dental Plans

#### Low PPO

Preventive and basic coverage and has a lower premium.

Orthodontia and major care are excluded.

## **High PPO**

Provides a greater level of coverage (major care and orthodontia) and carries a higher premium.





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The GW dental plans are "stand-alone" plans, so you can enroll in dental coverage whether or not you have medical coverage through GW.

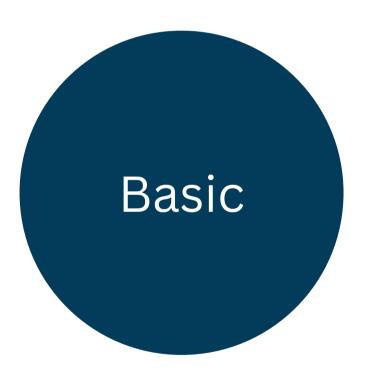
#### DMO

Provides benefits in a similar manner to an HMO medical plan. You must elect a Primary Care Dentist from a narrow network of participating dentists.

> GW Aetna # 622758

# **Vision Benefits**

GW offers two stand-alone vision plans administered by UHC. Both plans offer In-network, covered-in-full benefits including a comprehensive exam and eyeglasses, or contact lenses in lieu of eyeglasses.



- Annual eye exam
- Eyeglass lenses
- New frames every 2 years
- 4 boxes contact lenses

Enhanched

UnitedHealthcare Members: 20% off Eyesafe® Blue Light Screen Filters. Enter code at checkout: UHC

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- Annual eye exam
- Eyeglass lenses
- New frames every year
- 6 boxes contact lenses

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# Pre-tax Savings Accounts ou

	<b>Health Savings Account</b>	Health Care FSA
	For HSP participants only	For PPO participants only
	GW will make a tax-free matching contribution to your account	Use or lose - funds do not rollo each year
	Funds rollover from year to year and are yours until the balance is zero	Re-enroll each year at Open Enrollment
1	3	

**BANK OF AMERICA** 

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Did you know your HSA funds can be invested? Once you reach a minimum balance of \$1,000, you can open an nvestment account and invest your funds!

Set aside pre tax fund to pay for eligible out-of-pocket healthcare costs for you or your eligible dependents

# Dependent Care FSA

For HSP and PPO participants with eligible dependents

over

Age 13 or adult disabled dependent

Funds are reimbursed after you submit an online claim

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#### Life Insurance

Basic Life and AD&D = 1x your annual benefits salary (up to \$500,000)

Optional Employee, Spouse and Child Life and AD&D

As a new hire, you can elect up to the Guaranteed Issue (GI) without Evidence of Insurability (EOI)

Faculty/Staff with 2 years of service eligible for GW Paid Short **Term Disability** 

**Voluntary STD plan available for** first 2 years of employment

**Basic and buy up option for Long Term Disability** 

# Life and Disability

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#### **Disability Insurance**





# Voluntary Benefits

GW provides a selection of voluntary benefits where you can engage with various programs that aim to support our community and provide you opportunities to improve and maintain a healthy lifestyle both at work and at home.

Critical Illness Insurance pays a lump-sum benefit if you are diagnosed with a covered illness or condition that happens on or after your coverage effective date Hospital Indemnity Insurance is a fixed daily benefit you can receive if you or an eligible family member have a covered stay in a hospital, intensive care unit, or rehabilitation facility





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The group legal program, provided by Legal Resources, is designed to give you access to professional attorneys and provide protection against high legal fees



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# Leave and Tuition Benefits





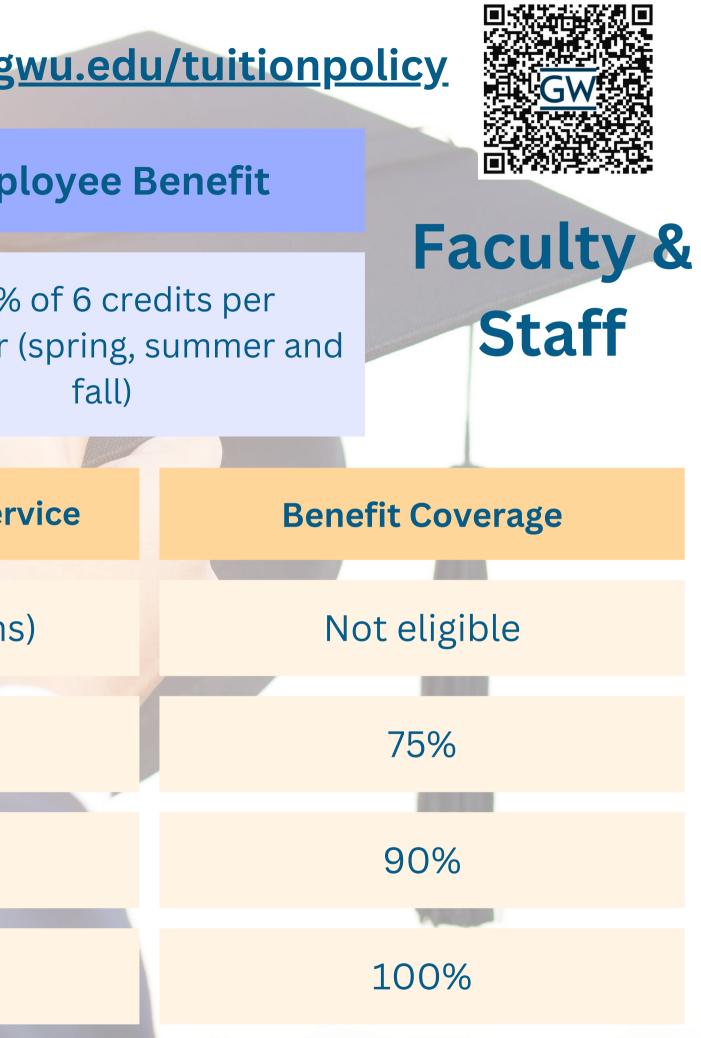


# Para de Carte Tima e va Offer GW values the time you invest at the university, and we also recognize the importance of taking time away from work to rest and recharge, or attend to your health and family obligations. We invite you to explore your paid time off and unpaid leave options that aim to help you manage personal, medical and family needs. VACATEON SICK HOLTDAYS BEREAVEMENT OCEAN

# **Tuition Remission**

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Employee Type	<b>Employee Eligibility</b>	Emp	
Full-Time Faculty and Staff	First semester following the appointment or hire date	100% semester	
Dependents (Child, Spouse/Partner)	Years of Employee's Benefits-Eligible Serv		
	Less than one year (first 12 months		
	1 - 3 years of service		
tuition@gwu.edu	4 - 9 years of service		
Page 15 of 24	10+ years of service		



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## **Retirement Savings**





### **Retirement Savings Plans**

Enroll and make changes anytime at www.netbenefits.com/GW

Fidelity

#### 403(b) Retirement Plan (your contributions)

•Contribute any percentage of pay •Pre-tax or Post-tax Roth

#### 401(a) Retirement Plan (GW contributions)

•Automatically enrolled after two years of GW service •Base and matching contributions available

	<b>GW Base Contribution</b>	Your Plan Contribution	GW Match	Total Contribution
WORK	4%	0%	0%	4%
RETIRE ->	4%	2%	3%	9%
	4%	4%	6%	14%
	4%	10%	6%	20%
Did you work 2 years or more at another higher education institute? Complete the 401(a) Prior Employment Verification Form to waive the 2 year waiting period!				

# Start Saving Today!



#### **Prefer to meet in-person?**

Need help? 24-hour service is available:

Schedule a one-on-one appointment with a Fidelity or TIAA representative at benefits.gwu.edu/retirement-counseling



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Fidelity: (800) 343-0860 TIAA: (800) 842-2776





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## Be Kind to Your Mind





GW

GW

# Wellbeing Program

**GWell from GW Benefits is your well-being** hub where you can engage with various programs that aim to support our community

#### Employee Assistance Program powered by SupportLinc

GW's Employee Assistance Program (EAP) supports benefits-eligible employees and members of their household. The EAP Services are confidential and available 24 hours a day, 7 days a week.

### Headspace, the mindfulness app

Available at no cost to all faculty and staff. This daily tool provides meditation, sleep, and children's programs.

### **Active&Fit Direct Gym Membership Program**

The Active&Fit Direct program is a flexible, comprehensive low-cost fitness program that provides access to thousands of gyms for one monthly membership fee.



Books selected for reading and discussion will cover the social, emotional, financial, and physical pillars of well-being











#### Learn more at hr.gwu.edu/wellbeing-programs



https://www.pbc.guru/gwell

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## **SmartBenefits - Payroll**

Receive one free SmarTrip card and use pre-tax dollars to pay for your work commute

\*Includes Metrorail, Meterobus, and Metro Parking

## **Occasional Parking - Benefits**

Reimbursed based program for those that occasionally drive and park on campus

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### **Commuter Benefits** Use pre-tax dollars to pay for work related communting expenses



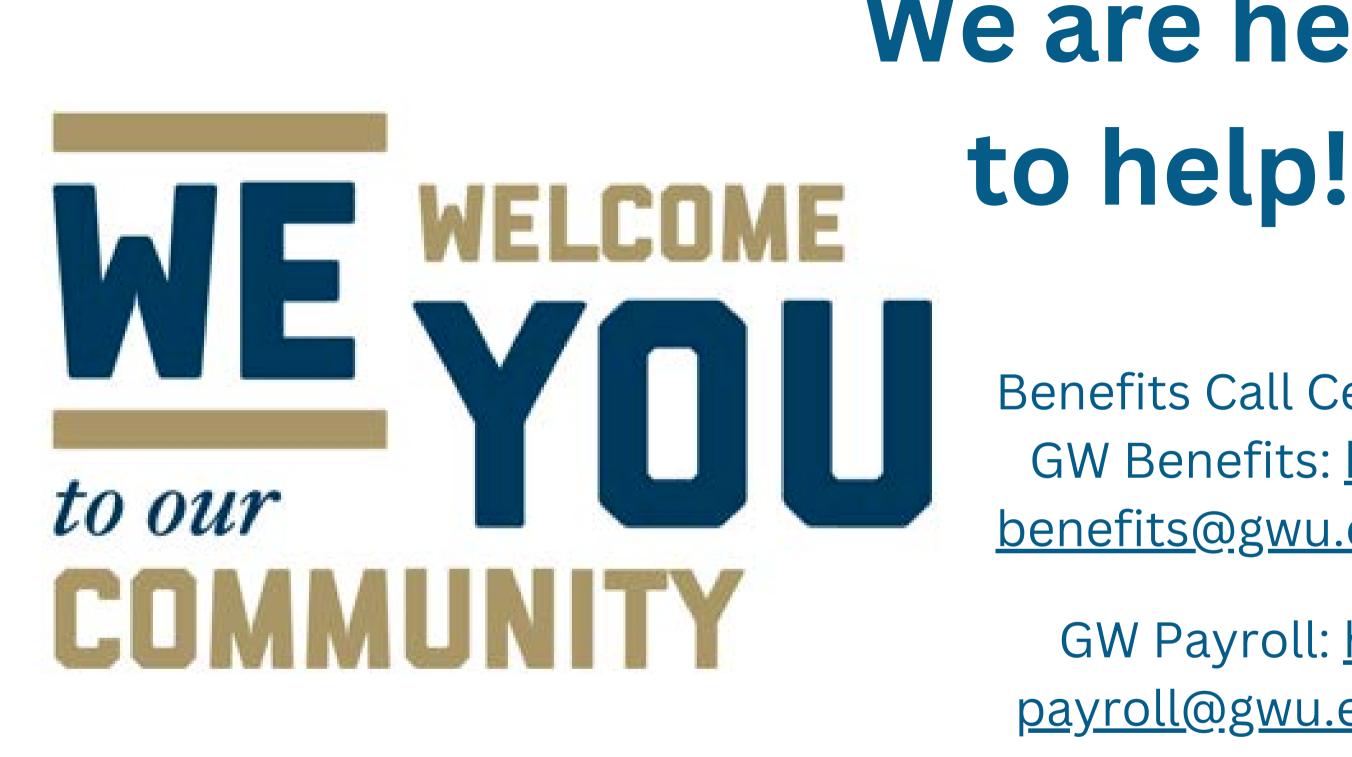
# **Connect with Benefits!**



Don't miss an issue! View all GWell newsletters at hr.gwu.edu/GWellNewsletter

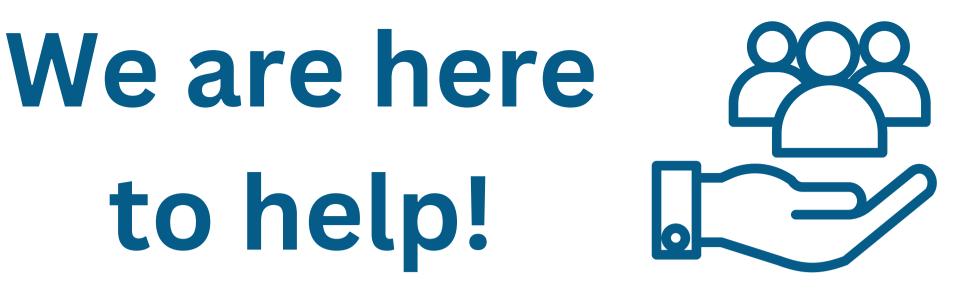
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#### Thank you for your time and attention!

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Benefits Call Center: (833) 698-0324 GW Benefits: <u>hr.gwu.edu/benefits</u> <u>benefits@gwu.edu</u> or (571) 553-8382

GW Payroll: <u>hr.gwu.edu/payroll</u> payroll@gwu.edu or (571) 553-4277

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